



prayer bible study

Intro

- buy 2 big bottles of water with handles on them. 5 litre is best.
- ask for 2 volunteers in your group who think they are strong!
- see who can hold the bottles up with their arms outstretched horizontally for the longest time.

Invite 2 people to come and help hold the bottles of water for the weaker person as they try it again.

As they are doing this get someone to **read Exodus 17:8-13**

Main

Get a big sheet of paper and a marker. Scribble down all the things that feel like a battle in your school.

Read verse 12 again

Who are the people around you who could be 'holding your hands up' and supporting you in prayer?

Who's arms could you be holding up and praying for?

Read verse 13 again

What things would you love to see God do in your school? Share them together.

Take time to pray using the big sheet of paper from earlier. Put on some music, stand over the sheet and look down on the battle like Moses. Pray for each of these situations together.

Ask someone in your group to **read Luke 6:12-13**

Each share a physical place in your life where you can go to get away from it all and be alone with God.

Conclusion

Pick a time of the day that everyone in the group can set aside to pray individually for the people in your school. Resolve to do this as a group each day for the next week no matter what you are each doing at the time.

Finish by reading **Jeremiah 29:12**